

Soulstice Mountain Trail Run - October 15, 2005

Flagstaff Nordic Center 10K and 16K Races (192 Finishers)

Long Course, 16K, 119 Finishers (86 M, 33 F)

Champions: Men- Tom Sabol; Women's- Marcy Felt

Bib #	Time (min/sec)	LastName	FirstName
Womens 20-29			
37	86:51	Foster	Hailey
93	88:49	Munson	Jessica
102	92:01	Rader	Amanda
74	94:22	Lowe	Katie
46	94:50	Hansen	Monica
149	96:06	Brown	Arlene
32	96:11	Duschatko	Beth
142	96:22	Young	Erin
68	96:46	Lapre	Danielle
116	102:10	Simelaro	Karin
112	103:13	Semeyn	Erica
128	107:34	Thompson	Carrie
Men's 20-29			
185	66:06	Schmidt	Andreas
144	67:47	Schiff	Caleb
15	69:24	Breece	Nathan
137	78:51	vonLintel	Drew
139	79:07	wardle	dustin
138	81:19	Walton	Joshua
28	83:15	Dombrova	Brett
14	85:42	breckenridge	jesse
34	85:42	Fazio	James
92	85:42	Morris	Andy
153	85:42	Lloyd	Rob
78	93:13	Machacek	Marcus
117	102:10	Simelaro	Geoffrey
Women's 30-39			
35	79:05	Felt	Marcy
101	79:10	Pedersen	AnneMarie
4	81:31	Baca-Spry	Alexis
57	83:54	Hutchinson	Lisa
88	87:59	Mills	Jen
82	90:59	Marks	Stacey
111	102:29	Sederstrom	Debbie
55	105:03	Hollenshead	Marci
123	105:47	Swierz	Kara
47	106:04	Harms	Rebecca

24	112:08	Despain-Barsicko	Deanne
151	113:00	Hrenchir	Noel
159	134:38	Sawdy	Darcy
Men's 30-39			
108	65:50	Sabol	Thomas
109	66:57	Scholnick	Jonathan
33	68:34	Estes	Kris
152	69:14	Hammond	Doug
83	69:35	Marks	Christopher
58	72:26	Hutchinson	Erin
87	76:26	Miller	Larry
38	76:52	Fox	Jason
104	77:23	Rhode	Steven
90	78:53	Morgan	Lane
158	78:57	Mckee	David
107	78:58	Stuber	Ryan
86	79:05	McQuaid	Jake
156	79:53	Decot	Rob
81	79:59	Manton	Cory
19	80:13	Casey	Charles
119	80:35	Skeer	Michael
26	80:37	Devlin	Mike
71	80:54	Legg	Chris
125	83:11	Thomas	Jeff
150	84:01	Stant II	MacArthur
63	84:16	Kelty	John
141	84:32	Wynne	J Judson
7	84:50	Bessler	Andy
160	85:06	Dudine	John
95	86:09	Neuhausel	Jonathan
145	86:18	Giovanni	Danny
42	86:21	Gravett	Matthew
96	86:37	nichols	scott
5	90:42	barr	christopher
51	90:49	Heilman	Marty
154	91:13	Swierz	Jim
41	91:18	Goodman	Paul
36	92:27	figuera	anthony
143	92:34	ZELE	BRIAN
98	93:52	Nilson	Michael
75	94:36	lucas	shawn
79	94:41	Maestas	Daniel
110	95:02	Schwartz	Egbert
65	97:58	Kessenich	James
53	100:45	herron	ken
67	100:45	Kuhr	Scott
52	102:29	Hendricks	Raymond
11	107:29	bowker	matthew

124	112:36	Thomas	Daniel
135	121:47	Vasquez	James
Women's 40-49			
1	80:39	Aerts	Paula
43	89:19	Grove	Margaret
8	107:01	blasing	mary
59	111:58	Immethun	Diane
48	113:46	Haug	Janis
70	119:54	Lebec	Linda
Men's 40-49			
99	67:43	Olson	Michael
9	72:09	Bogen	John
121	72:48	Steele	Robert
21	75:28	Crane	Mark
16	75:34	Brinkmann	Paul
30	75:38	Dowell	Alan
40	76:47	Goldberg	Dave
76	79:02	Lyle	Tom
44	81:44	Grove	Chris
146	82:21	Ort	Michael
22	82:43	Denesik	Ricky
49	85:42	Haugerud	Kent
84	86:36	McGuire	Paul
89	87:03	Moran	Mark
118	88:37	Sisk	Thomas
6	99:56	Bergland	Dan
18	115:49	Campbell	Scott
91	118:15	Moribella	Marc
148	119:50	Lloyd	Scott
Women's 50-59			
115	109:06	Siegel	Dianne
Men's 50-59			
161	75:20	Pino	Manuel
73	76:04	Lobato	Ray
54	78:16	Higgins	Bruce
134	87:28	Varner	Tim
162	88:35	Mangine	Tony
140	95:49	Watson	Woody
2	97:15	Aitchison	Stewart
136	103:47	Vernier	Joe
Women's 60-69			
113	98:22	sherman	linda

Soulstice 10K, 73 Finishers (28 M, 45 F)

Champions: Men- Gunter Ziwey; Women's- Jenna Krajewski

Bib #	Time	LastName	FirstName
Women's 20-29			
400	41:10	Krajewski	Jenna
386	45:29	Anderson	Jessica
334	49:28	Jones	Callie
325	51:51	giguere	julie
308	55:28	Breece	Carolyn
324	57:37	Genung	Kim
311	57:49	Camirand	Jill
321	63:18	Gaston	Corrie
385	63:18	Jennings	Katie
301	65:03	Adair	Karen
313	66:06	Dow	Talise
384	66:19	Leid	Julie
365	66:37	Sheeley	Cory
397	77:59	Dolan	Kellie
Men's 20-29			
361	44:55	Sakai	Junji
312	53:54	Cornette	Adam
Women's 30-39			
375	45:32	White	Grace
343	47:52	MarksMarino	Dara
323	53:49	Gavin	Megan
302	54:52	Armstrong	Melissa
337	57:17	Kelly	Sarah
354	57:51	Putnam	Betsy
346	60:13	Montero	Cindy
387	60:38	Kortas	Jacquie
369	64:20	Thomas	Rebecca
362	65:40	Saltonstall	Margot
314	65:58	Druley	Laurel
353	66:19	Pujari	Alison
340	69:38	Love	Kerri
351	72:03	Pieper	Patricia
379	72:37	Rash	Lynne
322	75:00	Gaston	Angie
328	75:04	Gunther	Hester
329	76:06	Hansen	Tracie
357	80:38	Richer	Regina
349	94:33	moribella	francesca
Men's 30-39			
310	42:40	Cain	Joe
398	47:47	Brown	Howard
316	47:54	dunstan	grant
382	49:31	Biggs	Josh
305	51:11	Begay	Sham
342	54:55	marino	troy

373	57:06	Ward	Brian
348	65:58	Morales	Matt
393	69:17	Hammond	Jason
326	79:09	giovannetti	Paul
389	60:03	Moore	Andrew
380	60:43	Cannon	Brian
Women's 40-49			
339	49:25	loughran	lisa
330	55:35	Haugerud	Katie
395	59:08	Donnelly	Margaret
307	63:50	Brauer	Liz
358	64:15	Riggs	Nancy
335	70:33	Jones	Lawnie
390	80:37	Lapre	Joan
367	93:00	Steele	Freddi
Men's 40-49			
377	40:16	Ziwey	Gunther
331	47:17	Hershey	Cy
370	48:04	Thurston	Mark
363	50:30	Sample	James
304	58:31	BALDERAS	CLIF
396	59:22	Hammond	Keith
371	69:37	Valdivia	Sixto
Women's 50-59			
319	62:58	Fauset	Renee
352	63:15	Poore	Mary
383	72:35	Blanchard	Susan
Men's 50-59			
332	48:21	James	Mark
306	58:27	Blanchard	David
344	59:03	McClure	John
336	60:40	Kearney	Rick
366	63:13	Sheeley	Tom
318	69:46	Farmer	Art
Men's 60-69			
376	49:25	White	Nat